

FREE American Girl Socks Sewing Pattern

This is a pattern for making socks for 18” dolls such as American Girl. This isn’t like the “tube sock” pattern you’ll find elsewhere; it has a heel, resulting in a bit less wrinkling around the ankles. Best of all, you can use any knit fabric—old T-shirts, old socks, whatever you have lying around. If you like making T-shirt yarn for other projects, this is a great way to use up the sleeves! Waste not, want not!

The instructions assume that you are using a sewing machine’s zigzag stitch. However, you can also hand-sew these socks with any stitch that will stretch. (Tips for hand-sewing are [here](#).)

Please note that this pattern does not have a seam allowance! You should read the instructions carefully all the way through before you begin. If you start cutting around the pattern, then your socks may not fit right (depending on how much stretch your fabric has).

You will need:

- Any kind of knit fabric
- Matching thread (the color needs to be close if it’s not a perfect match)
- Fabric scissors (use them only for cutting fabric; don’t spend more than \$20 on a pair of scissors if you’re not going to use them often)
- A ball-point needle (hand or machine; this will prevent you from damaging the fabric)
- A wash-out fabric marking pen or pencil (found in your craft store’s sewing notions section; a Frixion pen also works)

Instructions:

1. Cut a rectangle of your fabric that is about 6” (15 cm) wide and **at least 1”** (2.5 cm) longer than your desired sock. Using a T-shirt hem or sock cuff end for the top will allow you to skip step 2.
2. If your fabric has a raw edge, fold over between ¼” (6 mm) and ½” (12 mm) from the top and sew it down.

3. Fold your fabric in half, right sides together, and pin the far corners to keep things folded neatly. Set the pattern so that the straight side is along the fold and the line for your sock cuff is at the top.
4. Use your fabric marking pen to trace the edge of the pattern onto your fabric. This will be your sewing line, NOT your cutting line!
5. Using a zigzag stitch, sew along the line. You want to straddle the line so that your stitches are on both sides of it.
6. Being very careful not to cut into your new seam, cut your fabric so there's about $\frac{1}{4}$ " (6 mm) of seam allowance from your traced line.
7. Steam your line away.
8. Again being careful not to cut into your seams, clip the corners around the heel and ankle so the sock turns nicely. Turn your sock right-side out. You're done!

